## People with Parkinson's Britannia Table Tennis Group

Belated numbers for Parkinson's TT Saturday afternoon session for the club year 1 April 2022 - 2023

We remain grateful for use of the Dome Saturday afternoons. After trialling several different frequency of events, we've settled on a regular alternate Sat slot, 2-4pm. We aim to offer an inclusive and friendly mix of abilities and experience, with an emphasis on building a great social support network and group of friends. This is achieved thanks to the contribution and support of non-Parkinson's league players - specifically Ed Broom and Johnny Clougherty, for which I am truly grateful and couldn't run it without their assistance.

The following figures relate to the club year recently ended

- 23 sessions over the year
- 29 individual players attending at least one session
- 168 player sessions in total
- 22 players as guests (i.e. 7 are existing BTTC members)
- 13 players with Parkinson's
    - Making up 47% of all the session attendances
- We now regularly get between 6-10 players attending, with our max of 13 reached in December 2022

We plan to work with Aad and incorporate the assistance of some junior coaches over the summer period.

On a wider note, I am now President of the Parkinson's Table Tennis England Association that Dan Bullen and others has helped pull together to launch in August 2023, along with a training camp with Mark Mitchell whom we hope to take with us to this years PingPongParkinson® World Championship 2023 in Wels, Austria in September. Parkinsons Scotland TT have organised this year's UK National Open tournament in Largs, Ayrshire 5-6 August of which I am the current reigning Open Champion for the UK.

Parkinson's TT are also working with Parkinson's UK and Table Tennis England to help establish new sessions for Parky people in association with their Premier Club groups similar to what we are doing in Ipswich. This is growing across England, Scotland and Wales I am pleased to report.

Andrew Cassy
President, Parkinson's TT